

Acknowledgements

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Executive Summary

This report was commissioned by the Alcohol and Drug Foundation (ADF) and presents information regarding: i) preferred sources and content of alcohol and other drug (AOD) related information among older adults, and ii) an overview of evaluated interventions aimed at reducing

Older Adult Preferences

Source of information

Healthcare providers appear to be the preferred

level of risk, and diaries), and/or psychological treatments.

A recent systematic review of studies that included (but were not specific to) older adults identified three elements of effective interventions: the provision of information on several alcohol-related issues, personalised feedback about drinking behaviours, and being in contact with others and communicating with them about (alcohol) problems.

There were no identified interventions, specific to older adults,

