



COMMUNITY CONSULTATIONS USING RECIPROCAL RESEARCH: Session 4: Story Circles



Sharing stories

We can learn a lot by sharing stories with each other.

They can be stories of survival and bravery, of risk and violence.

They can be happy, sad or funny stories.

By listening to each other we can identify common issues for community members and service providers.

We can support one another and celebrate our strengths.





Key things to consider in supporting Story Circles:

- ∅ Create a safe and friendly space
- ∅ Confidentiality
- ∅ Verbal / non- verbal communication
- ∅ Formulation of strategies to care for each other during and after the exercise
- ∅ Dealing with the issues that come out of the stories
- ∅ Not forcing anyone to join or speak
- ∅ Ongoing support strategies/befriending
- ∅ Peer support/worker debriefing
- ∅ Respecting participants choices, even if you dont agree with the choices



Listening, thinking and acting to help communities



Analysing the Stories

Ø Listening,



Using Stories Effectively

- ∅ Are there common themes in the stories?
- ∅ What lessons can be learned from the stories?
- ∅ What are the problems which need to be addressed?

