

What happened in My
Choice Matters?

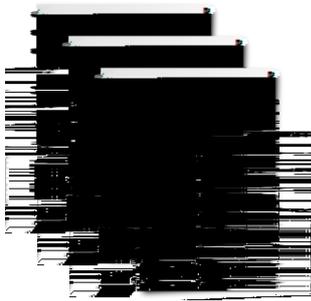
My Choice Matters helps people with disability and their families to learn about choice, voice and control. It also helps them learn about self-directed support and individualised budgets.

Self-directed support

Self-directed support is when you are in charge of what happens in your support and servicesd support is when



The Social Policy Research Centre did research to find out how well My Choice Matters was working.



They have written reports about My Choice Matters before.



You can find those reports on their website

www.sprc.unsw.edu.au

or by emailing

sprc@unsw.edu.au



This is the last report.

It is about the whole of My Choice Matters.

My Choice Matters had to deal with some difficulties.

There was not a lot of time to
get the program set up at the

My Choice Matters was good at helping different groups of people.

Some people thought My Choice Matters should have done more to help some groups of people.

My Choice Matters had an advisory group.

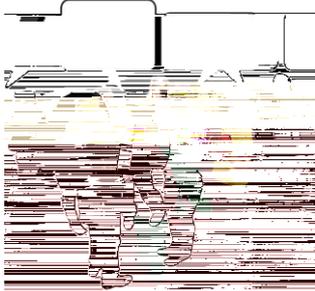
The group gave them ideas about how to do their work.



Some people thought people did not turn up to the advisory group enough.

One person with disability did not turn up because he thought the group was too hard to understand.

There are some important things to learn from My Choice Matters.



Programs that help people with disability to share stories and learn from other people are useful.

It is important to make sure that lots of different groups of people can take part.



It is good to include people with disability on advisory groups for programs like My Choice Matters.

It is important to make sure they get the right help to take part.



It is important for programs like My Choice Matters to have enough time and money to:



Make clear decisions and plans about what to do in their work

Manage their staff well

Future programs can learn from what happened in My Choice Matters.