

1. Staff

Position	Name	Email	Consultation times and locations	Contact Details
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3. Strategies and approaches to learning

3.1 Learning and teaching activities

The integrated acquisition of the graduate attributes, as partly indicated through assessment of the emphasis on learning and applying psychological and attitudes (KSAs) that should be useful in your university studies and beyond.

This course introduces you to the psychological science of resilience and related concepts such as student success and psychological well-being. This course involves flipped classroom (**FC**) delivery, where instead of attending two lectures, you are expected to undertake pre-practical tasks **prior to each practical**, where very experienced lecturer-tutors will engage interactively with you and that material.

Pre-Practical Activities and Practical Classes: Please see the Schedule below for more details. *In lieu of lectures, you are expected to undertake a minimum of 2 hours of preparatory work every week in advance of your scheduled practical.* You will find it difficult to engage successfully in the practical activities if you have not completed the preparatory work.

Practical Participation: Practicals are an essential and compulsory part of this course, and will involve interactive activities that build on the preparatory material, and assist in the development of learning outcomes. To benefit from and to contribute to practicals, preparation and completion of all preparatory work is required. Material relevant to the assignments will be presented and discussed in practicals.

3.2 Expectations of students

Your practical session time: You must attend the practical session to which you have been allocated. It will not be possible to switch or change practical classes once allocations are finalised.

Practical session attendance of students: BC 1/F3 and teaching staff BC 1/F3 ATm[:.61()-1a)4(i)5(c)-5(1

Under no circumstances will employment be accepted as an excuse not to meet expectations for class participation, group work, or assessments. Remember, the terms are extremely short (final examinations will be upon you before you know it), so it is your responsibility to ensure that you do not fall behind with the ongoing assessment demands of the course.

It is expected that students are aware of UNSW Assessment policy and understand how to apply for special consideration if they miss a practical class or are unable to complete an assignment/exam due to illness and/or misadventure.

It is expected that students have read through the School of Psychology Student Guide.

Moodle contains lecture and practical materials, assessment materials, and any updated information. You are expected to check Moodle regularly. You are also expected to regularly check your UNSW email.

4. Course schedule and structure

Each week this course typically consists of 2 hours of practicals, 1 hour of face to face collaboration, and 8-9 hours of non-class (self-determined) contact hours to complete prep-practical activities, assessments, readings, and exam preparation.

Week **Practicals:**
Tuesday 9-11am, 11am-
1pm, 1-3pm MAT227

5. Assessment

5.1 Assessment tasks

All assessments in this course have been designed and implemented in accordance with the UNSW Assessment Policy.

There are FOUR categories of assessment in this course, as outlined below.

Assessment task	Length	Weight	Mark	Due date
Assessment 1: Practical Assessments	Varied	20%	TBC	Weekly, Totals Week 5 and 10
Assessment 2: Self-Development	Varied	20%	/20	End Week 7
Assessment 3: Group assignment	Varied	20%	/20	Week 10 Practical class
Assessment 4: Final exam	2 hours	40%	TBC	Exam period

Assessment 1- Pre-practical Activities (20%)

Instead of formal lectures, there are a number of tasks associated with the practical classes that you will need to complete in advance of practical classes. For most practicals, there will be a reading (eg article and/or book chapter) to be completed **prior to the practical class each week**. Your understanding of that reading will usually be assessed by a pre-practical Moodle submission or quiz, as well as by in-class discussions. Each week you will also be expected to complete a number of short activities, all of which will need to be submitted on Moodle **PRIOR to your practical class**. These might include completing tasks on a website (e.g., The Fridge), collecting data (e.g., from yourself), reflections focused on how your thinking and behaviour may have changed as a result of this course, or finding an online resource. While each week you will see a number of tasks to complete, which may look somewhat overwhelming, please keep in mind that often these tasks simply require you to watch a video or do a short activity. You should attempt to complete every task before your practical class each week.

For all pre-practical submissions your work will be marked according to a **'gave it a good go' (GGG) policy**. That is, you will not be graded on each submission (i.e., Pass, Credit etc), but you will only receive the allocated mark by demonstrating that you put reasonable effort into completing the task, and submitted it on time (i.e. **before** the start of your practical class). Examples of violating the GGG

discussed something else), (b) not meeting the minimum requirements for the task (e.g., you were asked to

as well as a final written submission ***due at the end of Week 7***. The ***absolute fail date for this assignment is the beginning of the Week 9 practical class***, after which students will receive a mark of 0.

Assessment 3 –

5.4. Feedback on assessment

Feedback on all pieces of assessment in this course will be provided in accordance with UNSW Assessment Policy.

Assessment	When	Who	Where	How
Assessment 1: Practical Assessments	Weeks 7 & 12	SM	Moodle	Mark out of 10
Assessment 2: Self-Development	End Week 9	SM		

7. Readings and resources

<u>Compulsory Textbook</u>	Morris, S. et al (2018). <i>The Rubber Brain</i> . Australian Academic Press.
Course information	Available on Moodle
Required readings	<p>School of Psychology Student Guide</p> <p>Required readings will be made available on Moodle. The readings will include classic and cutting-edge articles and chapters in the areas of positive psychology, resilience, and experimental clinical psychology.</p>
Recommended readings	<p>Bernstein, D.A., Pooley, J.A, Cohen, L, Gouldthorp, B., Provost, S., & Cranney, J. (2018). <i>Psychology</i>. Cengage, Melbourne.</p> <p>Cranney, J., & Morris, S. (2011). Adaptive cognition and psychological literacy. In J. Cranney and D. S. Dunn (Eds.), <i>The psychologically literate citizen: Foundations and global perspectives</i> (pp. 251-268). New York: Oxford University Press.</p> <p>Dweck, C. S. (2012). <i>Mindset: How You Can Fulfil Your Potential</i>. Constable & Robinson Limited.</p> <p>Edelman, S. (2013). <i>Change your thinking</i>. 3rd ed. Harper Collins, Sydney</p> <p>Harris, R. (2007). <i>The Happiness Trap</i>. Exsile Publishing, Wollombi, NSW.</p> <p>Stanovich, K. (2010). <i>How to think straight about psychology</i>. 10th Edition. Pearson Education Inc.</p>
Recommended internet sites	<p>https://student.unsw.edu.au/login (course website on Moodle)</p> <p>http://www.thefridge.org.au/</p> <p>http://www.psychliteracy.com/</p> <p>UNSW Library</p> <p>UNSW Learning centre</p> <p>ELISE</p> <p>Turnitin</p> <p>Student Code of Conduct</p> <p>Policy concerning academic honesty</p> <p>Email policy</p>

